



MEDIA RELEASE

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VEALE COMMITS TO COACH TORNADOES IN 2021

The Launceston Tornadoes are excited to announce that 2020 NBL1 Head Coach Sarah Veale has committed to coach the club again in 2021.

In a great result the northern Tasmanian based club, Veale has continued to work closely with the Tasmanian based players during the COVID period and has set her mark on the team. Tornadoes Chairman Neil Grose said "The Board has tremendous faith in what Sarah will deliver to the Launceston Tornadoes in the future. Even though she was unable to get on the court and coach a game in NBL1 this season her dedication and commitment to our players over the past 9 months has been first class. She has been very proactive with all the players, developing programs and conducting training sessions, and involved in a number of community activities with our sponsors and key stakeholders."

After the NBL1 South season didn't get started due to COVID Veale is excited to continue working with the team in preparation for next season. "We were all looking forward to this season and I had big expectations of our results on the court. We had some outstanding imports and locals returning to the team. We have started to put programs in place to develop a stronger pool of local players. I am excited about the opportunity to continue working with our locals who will be the core of our Tornadoes teams into the future. We are already talking to potential import players about returning in 2021."

Veale, who played 73 games with the Launceston Tornadoes between 1994 and 1997 was also part of the clubs only Championship team in 1995. She has coached a number of Tasmanian state teams and built a strong reputation among the Basketball Tasmania coaching network.

The squad will start preseason training in September with an emphasis on building strength and conditioning after a period of little activity in order to compete against the stronger NBL1 clubs. Players from across the north of the state will take part in the Tornadoes preseason activities.

"Many of our local players are playing senior women's competition at the moment and will also compete in the State League in October and November. We will develop a preseason program for all potential squad members to compliment the basketball games they will be playing at club level. The more work we can put into our players now to develop their bodies the better we will be able to compete in a strong competition like the NBL1." Veale added.



The NBL1 South Clubs will meet with the League in September to discuss plans for 2021 with the hope that all clubs from the 2020 season will return in 2021.

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